

SASH Panel Overview



SASH Partners

RuralEdge

Northeast Vermont AAA

Barton Clinic

Island Pond Health Care

North Country Hospital

Northeast Kingdom Human Services

Orleans Essex VNA And Hospice

Panel Age

One Year

Panel Size

107
Participants

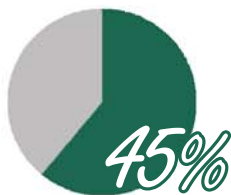
SASH Coordinator

Danielle Merchant
daniellem@ruraledge.org
ph 802.535.8518

Wellness Nurse

Hilary Adams
hilarybrooks123@gmail.com
ph 802.673.5758

Proactive Measures



Participants with hypertension

Services offered: Monthly blood pressures clinics at various locations



Participants suffering from depression

Activities offered: Social gatherings including brain-builder activities like bingo, puzzles, card games, board games, poems and local musical entertainment

Services & Activities

Senior Meals

Walmart Bus Trip

Brain Builders

Blood Pressure Clinics

Line Dancing

Free Hearing Tests

Bone Builders

COPD, Dementia & CHF Counseling at Local Hospital



Community Connections

Barton Chambers Apartments

**Barton Park Street
Trailer Park**
(Owned by Bean's Housing)



We held our first official bus trip from Barton/Glover to Walmart in Littleton, NH. This offered a way for those home-bound to get out and socialize and shop which they otherwise may not have been able to do. This opened a door for us to become connected with RCT to co-partner and offer monthly Walmart trips for this panel. The Walmart day includes Walmart, lunch of their choice, and a trip to the Dollar store. The participants really enjoyed this and look forward to it in the future.

**Building Relationships
and having fun!**

Successes

- ★ Monthly Walmart bus trips for many participants throughout four towns with a stop in each town to accommodate those unable to drive.
- ★ Three participants started attending their local meal site twice a week for socialization and a well-rounded meal.
- ★ Free hearing tests offered in Glover and Barton provided 13 participants with hearing aids (for Medicaid eligible participants) and a package of batteries free of charge every month.
- ★ There have been several referrals made on behalf of participants to obtain Meals on Wheels, Choices for Care, and the Moderate Needs Program through either the Area Agency on Aging or the OEVNA.
- ★ A participant obtained Social Security Disability Insurance due to a partial amputation of his foot caused by diabetes. This participant was also referred to Vermont Center for Independent Living (VCIL) to help with modifications to his house for wheelchair accessibility.