



SASH News

SASH in the Spotlight



- Our SASH model has received some well-deserved attention lately. First, the federal housing agency, Housing and Urban Development (HUD) issued a Notice of Funding Availability (NOFA) making **\$15 million** available across the country to test a promising housing and services model to help low-income seniors age in their homes. HUD's press release specifically named the "**SASH Demonstration in Vermont**" as a model it used to inform the design of the \$15 million Demonstration. In fact, the core components of HUD's Demonstration (summary below) mirror our own SASH core elements. As the old saying goes, "imitation is the sincerest form of flattery."

[Read the HUD Summary](#)

- Second, the SASH Partnership has been listed in the Vermont Community Foundation's Understanding Vermont 2016 Report as a "promising approach" under the critical path for philanthropy it lists as "Confronting the Realities of an

Aging Population." The report notes that, "Agencies on Aging, home health, mental health, hospitals, housing agencies and universities are increasingly collaborating to serve the needs of Vermont's aging population."

[See page 22 of the report here](#)

- Lastly, a few weeks ago the State of Vermont issued its draft term sheet, or proposal, to the Center for Medicare and Medicaid Services (CMS), on how it would like to finance and deliver health care differently under what is known as the all-payer model. The draft term sheet calls for an **expansion** of Medicare's participation "**in the successful and proven Supports And Services at Home (SASH) program.**" This is a clear path to sustainability for SASH.

[All Payer Model Summary](#)

Affecting Chronic Disease Outcomes

SASH staff are trained on hypertension and pre-hypertension, the SASH Hypertension Management protocol and home blood pressure monitoring, as well as what types of programs to include in their Community Healthy Living Plan.



Knowing this disease self-management protocol is important because as SASH staff work with our participants, they offer programs that are local, where people live, for their participants to attend.

[Learn more about the positive outcomes](#)

SASH Success Story

Strength in Numbers

Edith, a strong and independent 81 year old woman, living alone, found herself at Grace Cottage Rehab after a fall at home. Edith's primary goal was to return home to live independently but her doctors were concerned.



Learn how collaborative team work helped Edith reach her goal.

[Continue Reading Here](#)

SASH Panel Profile

Grand Isle

Feature team of the month is the SASH Grand Isle team with a job well done!

Accomplishments:

The SASH team works closely together to respond to isolation, a considerable concern in the Grand Isle area. Sonya, SASH Coordinator, offers activities at SASH sites; covering five towns and over 40 miles. Todd, SASH Wellness Nurse, makes it a priority to meet with participants for weekly visits while he travels from one site to the next.



[See the full profile here](#)

Partner Announcements

Vermont Blueprint for Health Annual Report



Each January the Blueprint for Health publishes an annual report highlighting the work and achievements of the previous year and the priorities for the year ahead. The most recent annual report is a good starting point for visitors learning about the program for the first time. The report is also designed to be useful to existing stakeholders, with the latest information and results placed first.

Read the section about SASH beginning on page 50.

[Vermont Blueprint for Health Annual Report 2015](#)

Professional Resources

CORE COMPETENCY TRAINING SERIES FOR FRONT-LINE CARE COORDINATORS

This course is designed for a variety of staff



members from health and community service organizations who provide care coordination services. It is appropriate for nurses, social workers, medical assistants, community health workers, case managers, educators, health coaches, and other staff and their supervisors working in team-based care environments.

Click here for more information:

- [Burlington area](#)
- [Waterbury area](#)
- [Brattleboro area](#)

Sponsored by the Vermont Health Care Innovation Project

Professional Development Training

Statewide Opportunities

- March 14, 2016 - [2016 Gerontology Symposium: Aging in Community](#), Burlington
- March 17, 2016 - [Tai Chi Refresher Training](#), Montpelier
- March 29, 2016 - [Core Competency Training Series for Front-Line Care Coordinators \(Day 1 of 6\)](#), Burlington
- March 30, 2016 - [Core Competency Training Series for Front-Line Care Coordinators \(Day 1 of 6\)](#), Waterbury
- March 30, 2016 - [VRSC Managing Current Mental Health Issues](#), S. Royalton
- March 31, 2016 - [Core Competency Training Series for Front-Line Care Coordinators \(Day 1 of 6\)](#), Brattleboro
- April 1, 2016 - [Tri-State Summit on Aging](#), Concord NH
- April 5, 2016 - [All Day SASH Staff Training](#), White River Junction
- April 12, 2016 - [Blueprint for Health](#), Burlington
- April 13, 2016 - [Vermont Geriatrics Conference](#), Essex
- May 20, 2016 - [2016 Gerontology Symposium: Aging in Community](#), Rutland

SASH Forum

For **current training information**, as well as current tools and resources visit our [SASH forum](#). It is accessed through our website.



SASH Website

For the most **up-to-date contact listing and referral forms** visit our SASH website sashvt.org.



Keep in touch!

[SASH Referrals](#) | [Statewide Contacts](#) | [Admin Team](#) | [Website](#)