



Feature Article

A New Year... Continued Success in our Vision

In the recent process of updating the SASH Manual, I came across the SASH Vision Statement which reads:

"Vermonters will receive the support and services they need regardless of age, health needs, location or income in the place they call home."



SASH Participants Speak Up!

As I look back at what we have accomplished in 2015 I see that you all, as SASH team members and partners coordinating care for Vermonters in over 130 different affordable housing sites and local communities throughout the state, have taken this vision statement to heart.

SASH is now serving over 4,500 Vermonters ranging in age from 20 to 101 years old! You are serving participants living in high rise apartments, mobile homes, duplexes, single family homes, assisted living facilities, residential care homes and even some who call the woods or their car, home. You serve participants living with diabetes, cancer, dementia, depression, and hypertension. You serve participants who are isolated and looking for a renewed purpose in their lives. You help this wide variety of participants define their goals and determine the best path

to attain them.

As SASH staff and partners in delivering the SASH model, you know better than anyone how lofty that one sentence SASH Vision Statement really is, and that working together as a coordinated care team with the participant at the center makes this all possible. As we begin 2016, know that your work with participants, their family and each other as community partners is making that vision a reality. The SASH Administrative Team at Cathedral Square looks forward to supporting you in this incredible work in the New Year.

In gratitude,
Molly

Molly Dugan, Director, SASH

Success Story

A Team That Sincerely Cares

Larry is a proud and grateful man, but when health issues made it too risky to enjoy simple pleasures, such as cooking meals and cheering on local sports teams, finding support was essential. Larry's diabetes and struggles with insulin reporting led to dangerously high glucose levels. He also experienced bacterial infections, nerve damage and severe swelling in his legs causing frequent falls and injuries. Larry shared he used to worry every minute about not knowing who, or even if, someone would arrive at his home to help with meals and health care.



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Partner Announcements

SBIRT: Screening, Brief Intervention, and Referral to Treatment training for Elder Care Professionals



For anyone in Southern Vermont who has not yet attended an SBIRT Training please try to attend this new opportunity on February 10th. This training is focused on substance use screening of elders as well as intervention techniques for elder care professionals. It is a State of Vermont initiative to have all providers trained in SBIRT. Space is limited. Location: Springfield Hospital

Please Register Here

The Center on Aging at the University of Vermont

2016 Gerontology Symposium Aging in Community

March 14, 2016, Hilton Hotel in Burlington, VT
and

May 20, 2016, Franklin Conference Center, Howe Center, Rutland, VT

For more information: Ph. 802-656-2292 or follow links: [Burlington](#) and [Rutland](#)



Professional Resources

New On-line Tool Makes Finding Legal Help Easier and Faster

It Just Takes a Few Clicks:

Law Line and Vermont Legal Aid have developed a new online tool to help people find information on our Vermont Law Help website easier and faster.



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Professional Development Training

Statewide Training Opportunities

- February 10, 2016 - SBIRT: Screening, Brief Intervention, and Referral to Treatment training for Elder Care Professionals, Springfield Hospital
- March 14, 2016 - 2016 Gerontology Symposium: Aging in Community, Burlington
- March 17, 2016 - Tai Chi Refresher Training, Montpelier
- April 1, 2016 - Tri-State Summit on Aging, Concord NH
- April 12, 2016 - Vermont Blueprint for Health Annual Conference, Burlington

- April 13, 2016 - [Vermont Geriatrics Conference](#), Essex
- April 30, 2016 - [VRSC Managing Current Mental Health Issues](#), S. Royalton
- May 20, 2016 - [2016 Gerontology Symposium: Aging in Community](#), Rutland

Training information is updated regularly. Please go to the [SASH Forum](#) for the latest information.

SASH Online

SASH Forum

For **current training information**, as well as current tools and resources visit our [SASH forum](#). It is accessed through our website.



SASH Website

For the most **up-to-date contact listing and referral forms** visit our SASH website sashvt.org.



Keep in touch!

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