



SASH Updates

Health Coaching and Hypertension Management - Making it Real with SASH RNs

The SASH Hypertension Prevention and Management program continues to succeed and improve thanks to support from the Vermont Department of Health and great collaboration.



After great feedback from our amazing Wellness Nurses around the state on their training needs, national experts in integrative nurse coaching were brought in to make health coaching and patient centered care even more of a reality in our practice.

[Read more about this truly integrated work](#)

Bending the Healthcare Cost Curve: Four Policy Recommendations for Healthy Housing

Using the affordable housing network as a platform for health care and services delivery doesn't just happen in Vermont! Read more about early successes in Oregon and specific recommendations from national policy experts.

[Read about Oregon](#)



Featured SASH Site

St. Johnsbury Team

The St. Johnsbury team addresses social isolation by engaging with multiple community partners to offer a huge variety of programs and activities!

[Learn More Here](#)



Partner Announcements

New Video Tools to Improve Shared Care Planning

The Chittenden County Integrated Communities Care Management Learning Collaborative (ICCLM) is a collaboration of 15 community organizations established in early 2015 to improve integration of care management activities for high risk, complex individuals and their families.

Funded by Vermont's 2013 State Innovation Model (SIM) grant and supported by the Green Mountain Care Board, the Vermont Blueprint for Health, and Vermont Program for Quality in Health Care (VPQHC), the ICCLM has partnered with area hospitals, SASH and community health teams, social services, mental health, home health, primary care practices, and agencies on aging to test promising interventions with the goal of better coordinating care for at risk populations.

The team is actively working with at-risk Vermonters to improve care, reduce fragmentation, gaps in care, and to better integrate the social determinants of health into care coordination for individuals with complex needs. The team has created three short training videos, below, to demonstrate the steps and tools used in the shared care planning process. Many thanks to UVMCMC for producing the videos.



Identify Patient Goals



The Role of the Lead Care Coordinator



The Shared Care Conference



Professional Resources

Alzheimer's Association Community Educator Training

Join the Vermont Chapter's new Director of Programs & Outreach, Pamela Beidler, for a fun and interactive training on the Alzheimer's Association's Common Programs. Through a demo and practice session you will walk away with the skills and materials needed to host evidence informed programming in your local community.

[Learn More Here](#)

alzheimer's association
THE BRAINS BEHIND SAVING YOURS™

**Alzheimer's Association
Community Educator Training**

Join the Vermont Chapter's new Director of Programs & Outreach, Pamela Beidler, for a fun and interactive training on the Alzheimer's Association's Common Programs. Through a demo and practice session you will walk away with the skills and materials needed to host evidence informed programming in your local community.

Just a few of the Common Programs you will be eligible to lead following this workshop:


- The Basics
- Know the 10 Signs
- Effective Communication Strategies

(We offer a number of other common programs including the Living with Alzheimer's series. You are required to complete this initial training before being eligible to lead other workshops.)

**Wednesday, September 7th 2016
9am - 5pm**

**Vermont Veterans' Home
325 North Street
Bennington, VT 05201
In the Multi-Crisp Room**

LUNCH PROVIDED



Effective Facilitator Training Opportunity

Do you facilitate meetings, groups, teams, community conversations?

Do you want to develop and enhance your ability to facilitate meetings that are engaging, bring out the best in people and teams, and produce results?

[Learn More Here](#)



Professional Development Training

Statewide Opportunities

- July 28 - The Effects of Domestic and Sexual Violence on People's Lives, webinar
- August 13 & 14 - Fall Prevention Tai Chi - Basic Moves (offering to become a new leader), White River Junction
- August 18 - Person-Centered Counseling Training, Waterbury
- August 19 - Person-Centered Counseling Training, Waterbury
- September 2016 - May 2017 - Effective Facilitator Training, Burlington
- September 7 - Alzheimer's Association Community Educator Training, Bennington
- September 14 - Skillbuilder: Tai Chi Playing with our Feet!, Rutland
- September 14 - VA Mental Health Summit, White River Junction
- September 15, 16, 22 & 23 - Chronic Pain Leader Training, St. Johnsbury
- November 17 - Fall Prevention Tai Chi - Advanced Moves, TBA

Check Forum Listings for Further Updates

SASH Online

SASH Forum

For **current training information**, as well as current tools and resources visit our [SASH forum](#). It is accessed through our website.

SASH Website

For the most **up-to-date contact listing and referral forms** visit our SASH website sashvt.org.



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SUPPORT AND SERVICES at HOME

Keep in touch!

SASH Referrals | Statewide Contacts | Admin Team | Website