



## SASH News

### SASH Program Earns Prestigious Public Health Innovation Award

SASH has been selected as the 2016 Excellence in Program Innovation Award Winner by the American Public Health Association (APHA) and the Archstone Foundation, a California based organization whose mission for over 30 years has been to support innovative responses to the emerging and unmet needs of older adults.

Nominated by the University of Vermont's Center on Aging, the SASH program stood out for our population health approach and proven results. The SASH program is the award's 19th recipient - check out previous award winners [here](#) and learn more about the Archstone Foundation.

The SASH program will be publicly honored at an awards ceremony at the APHA Annual Meeting in late October in Denver, Colorado. *It is you, the on the ground SASH staff, working day in and day out with our participants and teaming successfully with our partners that has made this award possible. Congratulations!*

### The New SASH Website is Up

SASH is proud to launch our newly redesigned website! Our updates focus on aesthetics, simplifying staff resources, and making it easier for visitors to access information and referral forms. Please explore the site and share your feedback and suggestions!



For highlights and more information, visit our "[New Website Overview](#)" page.

[SASH Website](#)

## Data Systems Update

### REDCap is Up and Running!

Please use the REDCap tool to enter assessments and information on all participants, even if you have not yet been trained. It is very user friendly and we are here to help if you have questions.

We have heard wonderful feedback from those who have started using the forms and with that feedback we have made some updates that we hope will help!

You can find links to all REDCap tools, PDFs, and the user guide on the forum now by clicking here:

[REDCap](#)

If you would like to get any reports or information on participants in your panel please use [Data Request Form](#). It goes directly to Juan and she will get the information to you. New and improved Monthly Status Reports are coming soon.

If you have any questions or feedback about the tools, please reach out to:

- Amy Perez: [Perez@cathedralsquare.org](mailto:Perez@cathedralsquare.org)
- Melissa Southwick: [Southwick@cathedralsquare.org](mailto:Southwick@cathedralsquare.org)

## SASH Team Resources

### Falls Prevention Awareness Day is September 22nd

More than one in three people age 65 years or older falls each year. The National Council on Aging (NCOA) is offering a webinar on August 10th from 2:00 - 3:30 pm. Register to get new resources and tools to use in your falls prevention efforts, and for Falls Prevention Awareness Day activities.

[Register for the NCOA Call Here](#)

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### Sexuality in Later Life

Many older couples find greater satisfaction in their sex life than they did when they were younger. They may have fewer distractions, more time and privacy, no worries about getting pregnant, and greater intimacy with a lifelong partner.

Yet, risks remain. Sexually transmitted disease among older adults is a common and growing problem. Learn what your participants can do to protect themselves.

### CDSME Best Practices Toolkit

This toolkit is designed to foster the expansion and sustainability of evidence-based health promotion programs by providing a centralized location for sharing resources.

Continue Reading

## Wellness Nurse Corner

### Wellness Nurse Happenings and Resources

Summer is a busy time for SASH Wellness Nurses - [Read More](#) for a resource packed letter from Kristi with info on:

- The Importance of Self Care - and TED talks you can use
- Nurse Core Competency Updates
- Nurse as Health Coach
- New Hypertension Quality Improvement Reports
- Integrative Therapies techniques - new resources
- ...and More

## Upcoming Professional Development Opportunities

### Statewide Opportunities

Click on the [calendar](#) for further details on the trainings below.

- August 4 - Care Navigator & REDCap Training, Burlington
- August 5 - Care Navigator & REDCap Training, St. Albans
- August 13 & 14 - Fall Prevention Tai Chi - Basic Moves (offering to become a new leader), White River Junction
- August 16 - Care Navigator & REDCap Training, Lyndonville
- August 17 - Care Navigator & REDCap Training, Castleton University
- August 18 - Person-Centered Counseling Training, Waterbury or
- August 19 - Person-Centered Counseling Training, Waterbury
- September 2016 - May 2017 - Effective Facilitator Training, Burlington
- September 14 - Skillbuilder: Tai Chi Playing with our Feet!, Rutland
- September 14 - VA Mental Health Summit, White River Junction

- September 15, 16, 22 & 23 - Chronic Pain Leader Training, St. Johnsbury
- September 26 - The Clinician Effect: How Human Connection Impacts Outcomes, Burlington & video conferencing
- September 28 - Privacy Officer Training, on-line
- November 17 - Fall Prevention Tai Chi - Advanced Moves, TBA

Note: Limited scholarship funds are available to help pay for training registration fees, mileage, etc. [Apply Here](#)

Contact Amy Perez at [perez@cathedralsquare.org](mailto:perez@cathedralsquare.org) or 802-324-0104 for further information.

## SASH Staff & Panel Updates

### Welcome

- Allison Dandurand, SASH Coordinator, Milton, Chittenden County
- Amanda Burlett, Wellness Nurse, Rutland
- Nancy Messina, SASH Coordinator, Brookside, Bennington County
- Victoria Kominek, SASH Fellow
- Elizabeth Eldridge, SASH Public Health Intern
- Barath Krishnamurthy, SASH Medical Fellow

Help us keep the SASH directories up to date:

- [Review your team](#)
- [Make changes to your team list](#)

### Employment Opportunities

SASH Job Openings are posted on our web site.

[Learn More Here](#)

## Monthly Webinars

### SASH Coordinator and Wellness Nurse Call

Wednesday, August 10, 9:00 - 10:00 a.m.

Agenda:

- SASH Updates and Featured Panel - Molly
- Falls Prevention - guest presenter Julie Desrosiers, VT Department of Health
- Upcoming Stay Steady events

[Register for the Call Here](#)

## SASH Online

[SASH Forum](#)

For **current training information**, as well as current tools and resources visit our [SASH forum](#). It is accessed through our website.

### **SASH Website**

For the most **up-to-date contact listing and referral forms** visit our SASH website [sashvt.org](http://sashvt.org).



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SUPPORT AND SERVICES at HOME

### **Keep in touch!**

SASH Referrals | Statewide Contacts | Admin Team | Website